

# Stars 'n Stripes – Quilt of Valor

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Enjoy visiting all 16 Participating shops – and be sure to pick up your 6” block pattern and fabric at each shop you visit. Planning on making all your blocks into a quilt? Perfect! We’ve created the following setting instructions to help you do just that. This quilt setting meets the size requirements for a Quilt of Valor.

This time around – we’ve chosen a palette of patriotic fabrics, perfect for this time of year!

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## Fabric Requirements:

- **(16) 6” (Finished) Quilt Blocks** – 1 block supplied by each shop you visit
- **Solid Blue:** Sashing / Outer Border / Star Blocks: 1 Yard
- **Solid White:** Middle Border and Star Blocks: 3/8 Yard
- **Solid Red:** Middle Border: 3/8 Yard
- **Blue Print:** Middle Border and Star Blocks: 3/8 Yard
- **Red Print 1:** Middle Border and Star Blocks: 3/8 Yard
- **Red Print 2:** Middle Border and Star Blocks: 1 Yard
- **Backing:** 4 Yards
- **Binding:** Solid Blue – 1/2 Yard



**Finished Size: 60” x 68”**

## Cutting Instructions – Quilt Top:

- **From Solid Blue:** Sashing / Outer Border / Star Blocks
  - (15) @ 2 ½” x 6 ½” (Sashing)
  - (6) @ 2 ½” x 30 ½” (Sashing)
  - (2) @ 2 ½” x 38 ½” (Sashing)
  - (2) @ 4 ½” x 52 ½” (Outer Border)
  - (2) @ 4 ½” x 68” (Outer Border)
  - (24) @ 3” x 3” (Star Blocks)
- **From Solid White:** Middle Border and Star Blocks:
  - (4) @ 2 ½” x 12 ½” (Middle Border)
  - (18) @ 2 ½” x 4 ½” (Middle Border)
  - (12) @ 2 ½” x 2 ½” (Star Blocks)
  - (24) @ 3” x 3” (Star Blocks)
- **From Solid Red:** Middle Border
  - (4) @ 2 ½” x 12 ½” (Middle Border)
  - (10) @ 2 ½” x 4 ½” (Middle Border)
- **From Blue Print:** Middle Border and Star Blocks
  - (4) @ 2 ½” x 12 ½” (Middle Border)

You will see that I have included 16 red print squares in the quilt – these are place holders for the 16 blocks you pick up (1 from each shop) when you visit the shops during the Sunshine and Stitches Shop Hop.

Add ½ Yard of the Red Print 2 (and cut (16) 6 ½” squares) if you want to create the quilt the way I did.

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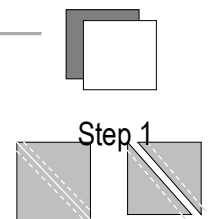
- (16) @ 2 1/2" x 4 1/2" (Middle Border)
- (2) @ 1 1/2" x Width of the Fabric (Star Blocks)
- **From Red Print 1:** Middle Border and Star Blocks:
  - (4) @ 2 1/2" x 12 1/2" (Middle Border)
  - (8) @ 2 1/2" x 4 1/2" (Middle Border)
  - (2) @ 1 1/2" x Width of the Fabric (Star Blocks)
- **From Red Print 2:** Middle Border and Star Blocks:
  - (4) @ 6 1/2" x 12 1/2" (Middle Border)
  - (2) @ 6 1/2" x 22" (Middle Border)
  - (2) @ 6 1/2" x 24 1/2" Middle Border

## General Instructions:

- **Sewing:** Use an accurate 1/4" seam
- **Pressing:** Press seams at each sewing step before moving on to the next step.
- **Thread:** Use a good quality 100% cotton thread for both piecing and quilting.
- **Set-In / Partial Seams:** The middle border uses set in seams in the corners and in the sections of the middle border that include the 12" wide strips. In each case – sew the seam partially – stopping about 1/2 inch from the end of the shorter piece. Add the adjoining section and then go back and finish the seam. You can do this!

## Assembly Instructions:

1. **Make up each of the 16 blocks** you picked up during the Shop Hop – making certain each measures 6 1/2" x 6 1/2" unfinished.
2. **Make up the 12 Friendship Star blocks**
  - a. **Step 1: Half Square Triangles:** Match up both (2) 3" Solid White squares with the (2) 3" Solid Blue squares (RST).
  - b. **Step 2:** Mark a line corner to opposite corner and sew a scant 1/4" seam on each side of the marked line. Cut on line.
    - i. Press and square up the HST's to 2 1/2".
  - c. **Step 3: Arrange and Sew:** Blue Print 1 1/2" strips and Red Print 1 1 1/2" strips.
    - i. Press and cut (72) sections @ 1 1/2".
  - d. **Step 4: Arrange and Sew:** Arrange the (72) sections you cut in Step 3 into 4 patch blocks and sew (36).
  - e. **Step 5: Arrange and Sew:** See diagram 4 for block placement. Sew each row together as you would a 9 patch block and press well. Make 12 blocks.
3. **Arrange the 16 Shop Hop blocks and 4 of the Friendship Star blocks into 5 rows of 4.** Place one Friendship star block into each of the corners.
4. **Sew all 5 rows together** using 2 1/2" x 30 1/2" Blue Solid strips. Include a Solid Blue 2 1/2" x 30 1/2" sashing strip at the top and the bottom of the completed center of the quilt top.



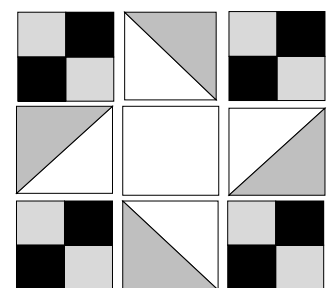
Step 1



Step 2



Step 3



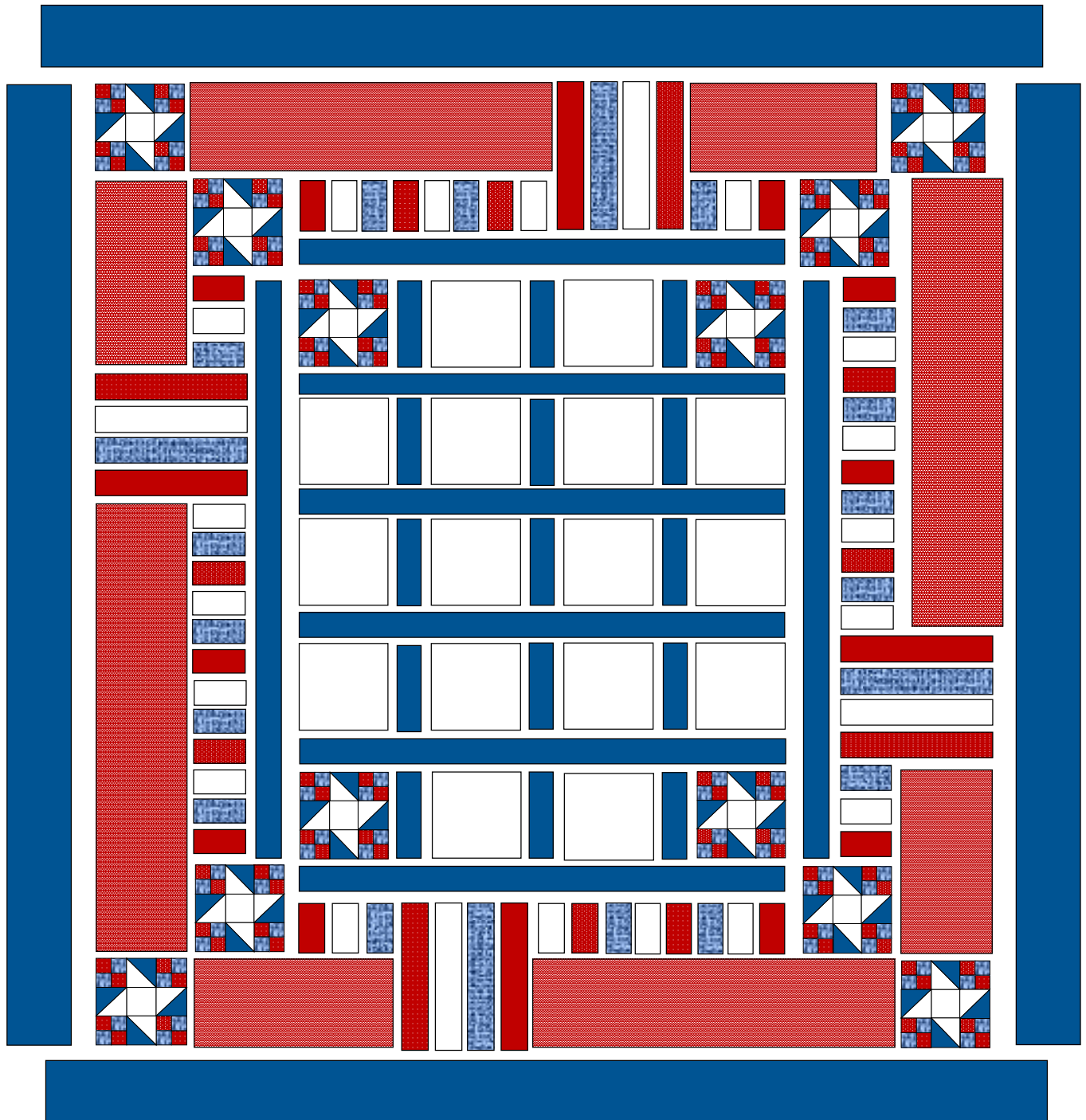
Step 4

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5. **Do not sew** the side sashing strips onto the center of the quilt top just yet.
6. **Middle Border** - this border goes together like a jigsaw puzzle. You will be using lots of partial (or set-in) seams. See the General Instructions section for how to sew the partial seams.
  - a. **Sew** the 2 ½" x 12 ½" pieces into (4) units of 4. See the diagram below for color arrangement. Press and set aside.
  - b. **Sew (4) units** of the 2 ½" x 4 ½" pieces (solid red / solid white / blue print). Press and set aside.
  - c. **Sew (2) units** of the 2 ½" x 4 ½" pieces in the following order (solid red / blue print / solid white / red print / blue print / solid white / solid red / blue print / solid white / red print / blue print / solid white). Press and set aside.
  - d. **Sew (2) units** of the 2 ½" x 4 ½" pieces in the following order (solid red / solid white / blue print / red print / solid white / blue print / red print / solid white). Press and set aside.
  - e. **Following the diagram** – Arrange and sew one unit from Step A with one unit from Step B and one unit from Step C. (Make 2)
  - f. **Sew** the solid blue 2 ½" x 38 ½" sashing strip to the border and press. (Repeat for the other side).
  - g. **Sew a Friendship Star block** to each end – paying attention to the orientation of the block – you will want them all facing the same direction. Sew these portions of the border to the right and left side of the quilt center. Press.
  - h. **Repeat the same process** for the top and bottom portion of this middle border (follow the diagram for arrangement). Use one unit from Step A, one unit from Step B and one unit from Step D (Make 2). Sew these portions of the border to the right and left side of the quilt center. Press. You will need to use set-in seams.
  - i. **Sew a Friendship Star block** to one end of each of the 6 ½" x 12 ½" red print 2 pieces. Pay attention to the diagram to make sure you have the stars all facing the same direction in the quilt top. Press.
  - j. **Using Set-In Seams** – sew the red print 2 portion of the border to the portions you have already assembled. Follow the diagram for placement. Press well.
7. **Outer Border (right and left sides):** Sew solid blue border strip (4 ½" x 52 ½") to the top and bottom of the assembled center of the quilt.
8. **Outer Border (top and bottom):** Sew solid blue border strip (4 ½" x 68") to the right and left sides of the assembled center of the quilt.
9. **Layer finished top** with batting and backing, baste and quilt as desired. The original for this quilt used swirls and stars in an all over pattern.
10. **Bind** the completed quilt. I used solid blue for the binding – you could use any of the other colors used in the quilt – or you might consider using black.

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